

# Anti-Aging Questionnaire



**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

1. **What are your main concerns/goals from this consultation?**  
\_\_\_\_\_
2. **List all drug allergies (including food/tape/latex allergies):**  
\_\_\_\_\_
3. **List all medications you are taking: (Prescriptions, Narcotics, Over-the-Counter, Vitamins & Herbs)**  
\_\_\_\_\_
4. **List all past surgeries (including cosmetic surgeries) with dates:**  
\_\_\_\_\_
5. **Did you experience any complications?**  No  Yes, Explain: \_\_\_\_\_
6. **Have you been on Accutane, Amnesteem, Isotretinoin, or Claravis therapy in the last 12 months?**  Yes  No  Ever
7. **Are you pregnant or trying to conceive?**  Yes  No
8. **Do you Have Any of the Following:**  Permanent Make Up, If Yes, Areas: \_\_\_\_\_  Metal Stents  
 Implanted Electrical Devices  Cochlear Implants  Bell's Palsy  Facial Implants  Dental Implants
9. **Have you ever had gold therapy?**  Yes  No

**10. Please check all past and present medical conditions**

<b>Heart</b>	<b>Cancer</b>	<b>Special</b>	<b>Neuro</b>
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Basal cell cancer	<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Claustrophobia
<input type="checkbox"/> Heart attack	<input type="checkbox"/> Squamous cell cancer	<input type="checkbox"/> Defibrillato	<input type="checkbox"/> Lupus
<input type="checkbox"/> Coronary artery disease	<input type="checkbox"/> Malignant melanoma	<input type="checkbox"/> Hip Implant	<input type="checkbox"/> Hyperpigmentation
<b>Eyes</b>	<input type="checkbox"/> Other _____	<input type="checkbox"/> Dental Implant	<input type="checkbox"/> Vitiligo
<input type="checkbox"/> Dry eyes	<b>Hormonal</b>	<input type="checkbox"/> History of Scarring	<input type="checkbox"/> Hepatitis
<input type="checkbox"/> Blurred vision	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Cold sores/herpes	<input type="checkbox"/> HIV/AIDS
<input type="checkbox"/> Wear glasses/contacts	<input type="checkbox"/> Thyroid disease	<input type="checkbox"/> Keloid	<input type="checkbox"/> Multiple Sclerosis

11. **Are you considering cosmetic surgery in the future?**  
 No  Yes Please Explain: \_\_\_\_\_
12. **Is a short period of unsightliness or discomfort or swelling an option?**  
 No problem  Not Possible  1-3 Days  3-7 Days
13. **Have you ever had any of these?**  Yes  No  

°Botox®	<input type="checkbox"/> Satisfied <input type="checkbox"/> Unhappy	Radiesse®	<input type="checkbox"/> Satisfied <input type="checkbox"/> Unhappy
°Juvederm®	<input type="checkbox"/> Satisfied <input type="checkbox"/> Unhappy	Sculptra®	<input type="checkbox"/> Satisfied <input type="checkbox"/> Unhappy
°Restylane®	<input type="checkbox"/> Satisfied <input type="checkbox"/> Unhappy	Fat	<input type="checkbox"/> Satisfied <input type="checkbox"/> Unhappy

 If you were unhappy with any of the above, please tell us why: \_\_\_\_\_
14. **Lifestyle issues (please check all that apply):**  
 Do you smoke?  No  Yes, in the past  Yes, Currently  
 Do you use tanning beds?  No  Yes, in the past  Yes, Currently  
 Do you use sunscreen?  No  Yes, in the past  Yes, Currently  
 Do you take hormone replacement therapy?  No  Yes, in the past  Yes, Currently
15. **I exercise \_\_\_\_\_ times a week. I drink \_\_\_\_\_ glasses of water a day. I eat \_\_\_\_\_ servings of fruits/vegetables a day**
16. **List your daily skin care routine (please include products used):**  
**AM:** \_\_\_\_\_ **PM:** \_\_\_\_\_